Do you agree or disagree with the following statement? The best way to travel is in a group led by a tour guide. Use specific reasons and examples to support your answer.

Maybe we can say that, the most memorable events for each person have been happened in on his journeys. In traveling, we are developing our ability to transform in difficult situations. Trips are putting us in a resting state and When we are straggling with annoying life problems, they can inject energy into our body cells. At the end of each trip, we will have achieved some outstanding experiences which could help us in the future to cope with our life stressors as well as possible. As I think journeys have to give us the sense of self-control so-I believe that traveling by a tour guide not only makes you more dependent but also dealing with a group can makes you more tired.

For example, a man who is traveling <u>by on</u> his own/<u>by himself</u> should manage his money along his journey to afford his expenses. He has to schedule his departure and reach the hotel accurately. He has to look into the map and search to find astonishing places. he can make a decision more freely but he will learn to pay his decision's cost. All of this will lead to having self-efficacy more and more.

On the other side, when a supervisor is a coordinator, we will lose a wide range of decisions. We have to inhibit ourselves sometimes, to <u>be</u> adapt <u>with to</u> the group. you are always aware of somebody's presence who can support you in unexpected conditions. <u>By contrast, Despite</u> this when you are alone, you consciously know that the only person who is able to <u>cope with</u> <u>unprecedented incidents harness disasters</u> is yourself.

Eventually, I guess traveling without a group leader can improve our skills in managing_<u>money/budget</u>, problem-solving and its final gain is the sense of self-control. However, traveling in a group is a very good opportunity to work as a team member but it cannot help us to <u>refresh ourselves</u> vertice our energy.